

# Guarding Heart & Home through the Holidays!

*Teaching: Lee Sumner*

## 1. Guard Your \_\_\_\_\_

Ps. 39:1

\_\_\_\_\_ Titus 2:3, Proverbs 16:27-28

\_\_\_\_\_ Luke 6:45, Proverbs 4:23

\_\_\_\_\_ Proverbs 12:18, Proverbs 15:28, James 1:19

## 2. Guard Your \_\_\_\_\_

Psalm 90:12

Two thoughts on guarding our time:

- Make \_\_\_\_\_ your priority, not \_\_\_\_\_ or \_\_\_\_\_.

Luke 10:38

- Keep life \_\_\_\_\_ and \_\_\_\_\_.

Proverbs 17:1

Proverbs 16:21

1 Peter 3:4

## 3. Guard against wrong \_\_\_\_\_

Matthew 6:21

1 John 5:21

Jeremiah 29:11

Psalm 62:5-8

Ask the Lord for His help in these areas of your life.

- Where do I need to guard my tongue? With whom do I need to guard my tongue?
  
- Where do I need to guard my time? What plans and preparations have distracted me from God's priorities? What needs to be made simple and sweet in my home?
  
- What idols have I treasured in my heart? What distracts me from God's Word? What distracts me from prayer? What is a stumbling block to my obedience?